

Carb BLX™ Type 1 and Type 2 4Life

CUSTOMIZED SUPPORT FOR INDIVIDUAL NEEDS

Breads, pastas, potatoes and sweets . . .

Why is it that many of our favorite foods help add fat to our bodies? To more effectively manage weight, many people try to avoid calories composed of fat and starch, but there is nothing easy about shying away from these types of foods that we often crave and use as a reward or special treat for ourselves.

To help ease the “weighty” effects of fatty and starchy foods, 4Life proudly offers Carb BLX formulas Type 1 and Type 2, the first carbohydrate blocking products specifically formulated for your metabolic body type. Each formula blends scientifically studied ingredients such as Cassia nomame, jaborandi and white kidney bean extract to provide increased support for specific metabolic types.

Key Points

- **What Type Are You?:** The way your body metabolizes food, particularly carbohydrates, is important to your weight management success. While some individuals may burn carbohydrates very quickly, leading to more frequent hunger pangs, snacking and overeating, other people tend to have much slower metabolisms, causing them to need a diet that pushes their metabolism to function at a faster rate. To more effectively meet the needs of all metabolic systems, 4Life offers two Carb BLX formulas. See typing questions below to determine your metabolic type.
- **Carb BLX Type 1:** Helps to strengthen weight loss efforts and limit fat production by utilizing the power of natural amylase inhibitors. Amylase is the enzyme that is responsible for the breakdown of carbohydrates in the body. By inhibiting this process, the amount of carbohydrates available to convert to fat is reduced, increasing your chances of overall weight management success.*
- **Carb BLX Type 2:** Formulated to help prevent carbohydrates and fat from being absorbed by the body. It features key ingredients that inhibit the enzymes lipase and amylase from performing their function. This ultimately prevents carbohydrates and fats from being absorbed into the body, strengthening your weight loss efforts.*



DIRECTIONS: Take one (1) capsule three times daily with 8 oz. of fluid.

Serving Size: One (1) Capsule
Servings Per Container: 90

Supplement Facts Type 1

Amount Per Serving	%DV
Proprietary Blend	490 mg **
White Kidney Bean Extract	
Wheat Grass Extract	
Green Tea Extract (polyphenols 90%, catechins 70%)	
Jaborandi Extract	
Arabinose	

**Daily Value (DV) not established

Other Ingredient: gelatin capsule

DIRECTIONS: Take one (1) capsule twice daily with 8 oz of fluid.

Serving Size: One (1) Capsule
Servings Per Container: 60

Supplement Facts Type 2

Amount Per Serving	%DV
Proprietary Blend	490 mg **
Cassia nomame Extract	
White Kidney Bean Extract	
Cocoa-Almond Extract	
Green Tea Extract (polyphenols 90%, catechins 70%)	
Jaborandi Extract	
Arabinose	

**Daily Value (DV) not established

Other Ingredient: gelatin capsule.

WHAT TYPE ARE YOU?

You are a Type 1 or 2 metabolizer if three or more of the following statements accurately describe your eating habits.

TYPE 1

- I need a good breakfast to feel my best.
- When I eat meats I often feel energized.
- I am usually very hungry by late morning.
- I often get irritable or fidgety when I don't eat.
- In between meals I prefer salty snacks like potato chips rather than sweets and candies.

TYPE 2

- I feel fine with a light breakfast.
- When I eat meats, I often feel a little sluggish.
- I don't usually get hungry until lunchtime or later.
- I can go without food for several hours and feel fine.
- In between meals I prefer sweets and candies rather than salty snacks like potato chips.

Technical Points

- Green Tea contains polyphenols and flavonols which possess potent antioxidant activity. Many health benefits from Green Tea have been researched, including its ability to enhance immune function and weight loss.
- For further recommendations regarding your personal body type needs, complete 4Life's BioSignature® personal assessment, which offers valuable suggestions on what foods may be best for you, different forms of exercise and best methods for individual stress management. The BioSignature personal assessment is available over the internet at www.biosignature.com or through your independent 4Life Distributor.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Ordering Information

Item # 27530
Item # 27531 12 for the price of 11
Carb BLX Type 1 - 90ct/bottle

Item # 27532
Item # 27533 12 for the price of 11
Carb BLX Type 2 - 60ct/bottle