

ChitoLite™

SUPERIOR FAT BINDING ABILITY

4Life®

One of the most effective ways to avoid excess fat in your diet is to prevent it from being absorbed by the body.

4Life's ChitoLite is formulated from one of the most unique and effective ingredients known to help block fat and promote successful weight loss—chitosan. Chitosan is a compound that actively binds to lipids and fatty acids, yet resists being absorbed by the body. By binding fats in the stomach, chitosan prevents fat from being digested and absorbed, allowing it to pass naturally through the system and thus lowering fat intake and fat accumulation on the body.

Key Points

- **Superior Fat Binding Ability:** Chitosan is a naturally occurring substance that is chemically similar to the plant fiber called cellulose. Unlike plant fiber, however, chitosan is "magnetically" attracted to fats and has the ability to significantly prevent fat in the digestive tract from being absorbed. 4Life's ChitoLite is formulated using a highly advanced and patented technology that supercharges the fat binding ability of standard chitosan. Where regular chitosan has been shown to absorb up to four to six times its weight in fat, 4Life's ChitoLite can bind up to 50-90 times its own weight in fat.
- **Patented Technology:** The technology behind ChitoLite is based on the discovery of a unique method to substantially increase the density of regular chitosan. Its unique, patented manufacturing process promotes faster action to give maximum fat binding results. While regular chitosan can take well over an hour to solubilize in stomach acid, ChitoLite's advanced formula requires less than one minute, making it quickly available to mix with dietary fat in the stomach throughout the entire course of a meal. By the time the fat/chitosan emulsion reaches the small intestine and begins to gel, ChitoLite has had the opportunity to complex far more fat—up to ninety times more—than regular chitosan, which may still not be fully dissolved.

Did you know?

A placebo-controlled, double blind trial of chitosan conducted for six months showed a significantly higher body weight loss and decrease in systolic and diastolic blood pressure in the chitosan supplemented group compared to the placebo. The mean body weight decrease and body fat decrease was 16.9 kg and 12.3 kg respectively.

Krotkeiwski, M, Zaborska-Markeiwicz, B, Olszanecka-Glinianowicz, Zurakowski, A: "Chitosan as an adjunct to dietary treatment of obesity." (Abstract) 3rd International Symposium on Chitin Anzymology and 4th Conference of the European Chitin Society, May 6-10, 2001, Senigallia, Italy.

Regular use of ChitoLite should be combined with RiteStart to help ensure you receive the essential fatty acids and fat-soluble vitamins A, D, E and K. Take RiteStart and ChitoLite at separate times of the day to allow for absorption of essential fats.

Technical Points

- Aloe Vera has been shown to reduce intestinal transit time.

NOTICE: Do not take RiteStart® or BioEFA™ within two hours of taking ChitoLite.

CAUTION: ChitoLite is derived from a shellfish source. If you have an allergy to shellfish, consult a physician before taking this product.

These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

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DIRECTIONS: Take one (1) capsule twice daily with 8 oz of fluid.

Serving Size: One (1) Capsule
Servings Per Container: 60

Supplement Facts

Amount Per Serving	%DV
Proprietary Blend	340 mg **
Chitosan	
L-Ascorbic Acid	
Erythorbic Acid	
Aloe Vera	

**Daily Value (DV) not established

Other Ingredient: gelatin capsule.

Ordering Information

Item #27519 60/ct bottle

Item #27520 12 for the price of 11