



Choice 20™ and Choice 50™

Key Ingredients

Choice 20™

Grape Seed Extract
Resveratrol
Citrus Bioflavonoids
Vitamin C

Choice 50™

Grape Seed Extract
Resveratrol
Bilberry Extract
Quercetin
Curcumin
Milk Thistle
Rutin



Optimum Antioxidant Protection

Many years of research and study by hundreds of scientists have resulted in the recent antioxidant revolution. Almost every week new studies announce the profound benefits of antioxidant supplementation.

The Antioxidant Process

To appreciate the benefits of antioxidants, you must first understand the oxidative process. Have you ever seen a bright red wagon oxidize and eventually rust? This oxidative process can also be found inside the human body. The body oxygenates the blood with every breath. However, if kept unchecked this process carries with it some negative side effects. Studies have shown that free radicals (a negative by-product of the oxidative process) are involved in the breaking down of collagen and elastin, encourage histamine production, inhibit circulation, exacerbate inflammation, and may cause many other disorders.

Proanthocyanidins (sometimes called OPCs) are the most efficient natural way to kill free radicals. By doing this, they reduce oxidative damage to vital tissues. Laboratory studies have found proanthocyanidins to be 50 times more potent than Vitamin E and 20 times more potent than Vitamin C (as an antioxidant). Studies indicate OPCs may produce some of the following nutritional benefits:

- Strengthen collagen*
- Assist in repairing inflamed tissue*
- Offer nutritional support for eyesight and retinopathy*
- Provide nutritional assistance for problems associated with premenstrual syndrome*
- Relieve symptoms of arthritis*
- Improve symptoms of varicose veins*
- Offer nutritional support against hay fever and asthma*

What are 4Life™'s Choice 20™ and Choice 50™?

4Life™'s Choice 20™ and Choice 50™ contain pure, premium grade, grape seed extract of the highest quality. This extract is guaranteed to contain at least 95% OPC's, the industry standard for comparing proanthocyanidin extracts.

In addition to standardize grape seed extract, Choice 20™ and Choice 50™ contain other powerful antioxidants and synergistic ingredients that help protect the body from the effects of free radicals such as:

Choice 20™:
Resveratrol
Vitamin C and Citrus Bioflavonoids

Choice 50™:
Bilberry Extract, Quercetin, Rutin,
Curcumin, Milk Thistle and
Resveratrol

Recent scientific findings have established that the combination of these components acts synergistically, such that each component is enhanced in the presence of the others. Both Choice 20™ and Choice 50™ now contain Fo-Ti, a rich source of Resveratrol. This has allowed us to greatly increase the Resveratrol level in both of these formulas. Be assured that Choice 20™ contains a full 20 mg of standardized grape seed extract and that Choice 50™ contains 50 mg of standardized grape seed extract.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Product Information

60 Capsules/ 30-day supply
Choice 20™

Item# 28060
Whls \$17.50
Ret \$24.50
LP 17.5

Choice 50™

Item# 28061
Whls \$25.00
Ret \$35.00
LP 25

For optimum results

Take Choice 20™ and Choice 50™ with Transfer Factor™, BioVitaMins™, and BioEFA™ with CLA.

BioSignature®—Because Everyone Is Unique



4Life™ products can be purchased only from
4Life™ Independent Distributors.