

# Digestive Enzymes and Probiotics™

WITH ENZYGUARD-D™

# 4Life®

## Exceptional Enzyme and Probiotic Support

Digestive Enzymes & Probiotics with EnzyGuard-D combines the action of digestive enzymes and the health benefits of probiotics to provide the body the tools it needs to properly digest food, promote and maintain a healthy balance of bacteria and protect against potentially harmful invaders.

Digestive Enzymes & Probiotics contains effective plant-based enzymes to aid the body with the breakdown of proteins, sugars, carbohydrates, and fats facilitating improved nutrient absorption every day. Even the healthiest diet and supplementation plan cannot offer optimum benefit without proper digestion.

4Life is unique in offering Probiotics, or “good” bacteria, together with Enzymes. These “good” bacteria in the intestine need to be maintained in order to protect against various possible harmful digestive disorders and provide for continued nutrient absorption clear through the intestinal tract. 4Life is able to offer Digestive Enzymes and Probiotics together because of a proprietary technology called EnzyGuard-D, a process which stabilizes probiotic and increases the shelf life considerably longer than any similar product on the market.

## Key Points

- **Digestive Enzymes:** Enzymes are protein molecules that are necessary for life and are naturally present in all raw foods. However, in today's society our poor diets just don't provide enough raw foods to get the enzymes needed for proper digestion. Also, as the body ages, its ability to digest foods properly decreases, creating extra stress for the immune system which may eventually result in sickness or disease. Digestive Enzymes & Probiotics provide seven forms of digestive enzymes in a proprietary blend that improves digestion and help enjoy foods more.
- **Probiotic Blend:** Probiotics are “friendly” or “good” bacteria that contribute to the health and balance of the intestinal tract. Millions of “good” bacteria exist in the body and function in diverse ways like fighting off harmful invaders, producing vitamins, metabolizing hormones, nourish new cells, and producing enzymes that help food digestion.
- **EnzyGuard-D:** Products that contain either enzymes or probiotics have a very short shelf life and often require refrigeration. EnzyGuard-D is 4Life's proprietary technology developed to stabilize enzymes and probiotics for manufacture, storage, and activation. This technology allows probiotics to be stable at room temperature, unlike other probiotic products. EnzyGuard-D helps the enzymes and probiotics withstand temperature changes during manufacture and storage. This process also helps the elements work quickly once inside the body.
- **Proper Digestive Health:** A healthy digestive system plays a key role in eliminating toxins from the body, properly assimilating the nutrients taken in, and contributing to your overall health.

## Did you know?

According to the Centers for Disease Control (CDC), approximately 6 million cases of “frequent indigestion” are reported annually. Most of the “common” digestive problems we deal with are actually symptoms of enzyme and probiotic depletion, such as: belching, fatigue after a meal, flatulence, bloating, abdominal cramps, food allergies, and heartburn.

Antibiotics attack all bacteria and do not distinguish between “good” and “bad” bacteria. This can seriously disrupt the balance of bacteria in the body and allow the “bad” bacteria to flourish.

## Technical Points

- Fructooligosaccharides (FOS) are compounds made up of fructose sugar molecules linked together in long chains. Jerusalem artichoke, a plant native to North America, provides a good dietary source of FOS. When digested, FOS can help the “good” bacteria grow and thrive, promoting digestive and immune system health.
- Specific enzymes help to break down specific food components. Four common enzymes are:
  - Protease – breaks down proteins (found in milk, eggs, meats and beans).
  - Amylase – breaks down carbohydrates and some sugars.
  - Lipase – breaks down fats.
  - Cellulase – breaks down cellulose which make up plant fibers and tissues.



**DIRECTIONS:** Take one (1) caplet three times daily with 8 oz water.

**Serving Size:** One (1) Caplet  
**Servings Per Container:** 90

## Supplement Facts

Amount Per Serving		%DV
Vitamin C (as calcium ascorbate)	60 mg	100%
<b>Proprietary Enzyme Blend</b>	<b>221 mg</b>	*
Amylase		
Invertase		
Glucoamylase		
Proteases		
Cellulase		
Peptidase FP		
alpha-Galactosidase		
Lipase		
<b>Proprietary Probiotic Blend</b>	<b>250 million CFU</b>	*
Lactobacillus acidophilus		
Lactobacillus casei		
Bifidobacterium bifidum		
Bifidobacterium longum		
Lactobacillus plantarum		
Lactobacillus reuteri		
<b>Proprietary Digestive Blend</b>	<b>150 mg</b>	*
Fructooligosaccharides (FOS)		
Jerusalem Artichoke		

\*Daily Value (DV) not established

Other Ingredients: microcrystalline cellulose, maltodextrin, croscarmellose sodium, glucose polymers, magnesium stearate, silica and steric acid.

## Ordering Information

Item # 23010  
90 capsules/30-day supply