

## Key Ingredients

Androstenedione  
 Tribulus terrestris  
 DHEA  
 Zinc  
 Selenium  
 Lycopene  
 Saw Palmetto  
 Pumpkin seed  
 Pygeum africanum  
 Indole-3-carbinol (I-3-C)  
 Chrysin

## Product Information

30 capsules / 30-day supply  
 Item# 22550



## Scientifically Advanced Nutrition for Men

### What is MalePro?

4Life™ is pleased to introduce MalePro, the most complete men's nutritional supplement ever created! Our proprietary formula helps achieve and maintain efficient weight management, increase energy and keep hormones in balance.\* MalePro also provides superior prostate care, with several essential herbs that can help support a healthy prostate.\* Take MalePro everyday to feel your absolute best! (For best results, take MalePro™ a half hour before exercising.)

### Important Ingredients

**DHEA**(dehydroepiandrosterone), also known as the "Mother Hormone," is the hormone found most abundantly in the human body. Unfortunately, the levels of DHEA normally peak near age 25 and slowly decline throughout the rest of your adult life.

### Androstenedione

Androstenedione is a direct precursor to testosterone. When taken orally, it can help support the levels of testosterone in the body.\* Other important effects are increased energy, better fitness levels and growth from exercise.\*

### Tribulus terrestris

This herb can help support the body's testosterone levels.\* Healthy testosterone levels have been associated with lean body mass and increased strength levels when exercising. Tribulus also supports better stamina and libido.\*

### Zinc

Zinc is an important ingredient for optimum prostate care. Studies have shown that an increased intake of zinc can help block the production of hormones that cause prostate enlargement.\*

### Selenium

Selenium is an essential trace element and powerful antioxidant that occurs naturally in the earth's soil. We absorb it through our food and water intake. Studies have shown that taking selenium as a supplement helps provide your body with a strong defense against prostate inflammation.\*

### Lycopene

Lycopene is a natural phytonutrient extracted from tomatoes. It is a powerful antioxidant and carotenoid (like beta-carotene) and the most abundant of its class in the prostate gland. Lycopene can help protect against LDL oxidation and offers optimal support for the prostate.\*

### Saw palmetto

Saw palmetto may inhibit the conversion of testosterone to DHT (dihydrotestosterone). This guards against prostate enlargement, which can lead to BPH and other significant prostate conditions.\*

### References

- 1 *Saw palmetto extracts for treatment of benign prostatic hyperplasia*, Wilt TJ, Ishani A, Stark G, MacDonald R, Lau J, Mulrow C. JAMA, 1998 Nov 11; 280 (18): 1604-9.
- 2 *The potential role of lycopene for human health*, Gerster HL, Journal of Americal Cell Nutrition, 16(2):109-126, 1997.
- 3 *Role of zinc in regulating the testicular function*, A. A. Hafez, Z. H. el-Kirdassy, M.N. el-malkh, and E. el-Zayat; Nahrung, 1990,34,65-73
- 4 *The In Vivo Conversion of Dehydroepiandrosterone and Androstenedione to Testosterone in the Human*, V. B. Mahesh and R. B. Greenblatt, Acta Endocrinol. 41 (1962) : 400-406

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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