

### RiteStart—Exclusive Anti-Aging Pack for Women

RiteStart Women from 4Life is a combination of nutrients like no other. Named for the exact purpose it provides...a *RiteStart* for your day, for your health and for your life . . . this product is designed to help you look and feel great, and have the energy and immune support you need to achieve your life-goals. It represents the best in anti-aging and immune products available today and makes designing a comprehensive wellness program—simple.

Like the foundation of a house, this all-in-one women's pack provides the base from which to build a life of better health. Specifically designed with women's health in mind, RiteStart Women is far more than a daily multivitamin and mineral supplement. It features a proprietary Women's Health Blend that has been exclusively developed to meet the needs of the female body. This proprietary blend, with Transfer Factor Plus™, essential fatty acids, full-spectrum antioxidant power **AND** anti-aging nutrients, makes RiteStart the best and most unique wellness product available today.

### Key Points

- **Specific Nutrition for Women:** Men and women's bodies are different, and thus have different needs. RiteStart Women features nutrients that promote wellness in areas where females need it most. Calcium, magnesium and ipriflavones for bone strength, soy isoflavones for hormone balance and a perfect balance of vitamins, minerals and antioxidants specific for optimum female health.
- **Transfer Factor Plus:** This proprietary blend of immune activating ingredients features Transfer Factor XF™ and other proven immune system nutrients such as IP-6, beta-glucans, maitake and shiitake mushrooms. An independent study on Transfer Factor Plus showed that it produced a 248% increase in Natural Killer Cell activity. Transfer Factor Plus has the power to keep you healthy and feeling great.\*
- **Essential Fatty Acids:** Essential Fatty Acids (EFAs) are vital to your body and must be supplied through food or supplementation. EFAs are required to rebuild and produce new cells and support healthy blood pressure levels. They also promote healthy joints and flexibility, and support mental development and acuity.\*
- **Antioxidant Protection:** Each packet provides a great source of free-radical fighting nutrients. RiteStart features multiple antioxidants including vitamins A, C and E, OPC (pycnogenol) sources such as pinebark and grapeseed extracts and other sources such as bilberry, lutein, CoQ10, alpha-lipoic acid and zinc. A well-rounded product like RiteStart provides optimum antioxidant power against free-radical scavengers.
- **Life C™:** Exclusive to 4Life, this superior multi-form of vitamin C provides maximum benefits. Are all vitamin C's equal? No way! Life C contains seven forms of vitamin C that are absorbed into your cells at a higher rate, providing increased protection and support.\*
- **Hyaluronic Acid:** Found abundantly in cartilage and synovial fluid when we are young, Hyaluronic Acid's main function in the body is to cushion and lubricate the joints. Over time, our bodies produce less and less Hyaluronic Acid. A lack of Hyaluronic Acid has been directly linked to connective tissue and joint degeneration.

### Did you know?

Survey's conducted by the National Institute of Health show that 75% of Americans do not consume the recommended daily intake of the 23 essential vitamins and minerals.

Age-related Macular Degeneration is the leading cause of blindness among Americans over the age of 65.

Calcium D-glucarate assists the body in removing toxins, a process called detoxification.

According to the National Osteoporosis Foundation, ipriflavones have been shown to slow down bone loss and support bone density health.\*

### Technical Points

- Contains 25 vitamins and minerals, Transfer Factor Plus, Essential Fatty Acids, full-spectrum Antioxidants, Calcium D-glucarate, Soy Isoflavones and other anti-aging nutrients.
- Lutein is a powerful antioxidant shown to help support eye health and protect against Macular Degeneration.\*
- Coenzyme Q10 plays a crucial role in the generation of cellular energy, increased circulation and anti-aging. In addition, this powerful antioxidant plays a significant immunological role that is beneficial to the cardiovascular system.\*
- RiteStart is protected in part by 17 U.S. and International Patents.\*



**DIRECTIONS:** Take two (2) packets daily. Take each packet with 8 ounces of fluid and with morning and evening meals.

**Serving Size: One (1) Packet**

**Servings Per Container: 60**

### Supplement Facts

	Amount Per Serving	% DV
Vitamin A (as 25% retinyl palmitate and 75% as Beta Carotene (Blakeslea trispora extract))	5,000 IU	100%
Vitamin C (Life C: as calcium ascorbate, ascorbic acid, ascorbyl palmitate, ascorbylric acid, magnesium ascorbate, dehydroascorbic acid, ascorbigen)	250 mg	417%
Vitamin D (as cholecalciferol)	200 IU	50%
Vitamin E (as d-alpha tocopheryl acetate, including alpha, beta, gamma, delta, gamma tocopherols)	108 IU	360%
Vitamin K (phylloquinone)	13 mcg	16%
Thiamin (as thiamin mononitrate)	2 mg	133%
Riboflavin	2 mg	118%
Niacin (as niacinamide)	13 mg	63%
Vitamin B6 (as pyridoxine hydrochloride)	3 mg	150%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	9 mcg	150%
Biotin (D-biotin)	150 mcg	50%
Pantothenic Acid (as d-calcium pantothenate)	13 mg	130%
Calcium (as calcium carbonate, calcium amino acid chelate, calcium citrate)	550 mg	55%
Iron (as iron amino acid chelate)	9 mg	50%
Iodine (as potassium iodide)	38 mcg	25%
Magnesium (as magnesium oxide, magnesium amino acid chelate)	200 mg	50%
Zinc (as zinc amino acid chelate, monomethionine)	13 mg	83%
Selenium (as L-selenomethionine)	35 mcg	50%
Copper (as copper amino acid chelate)	0.5 mg	25%
Manganese (as manganese amino acid chelate)	1 mg	50%
Chromium (as chromium amino acid chelate)	120 mcg	100%
Molybdenum (as molybdenum amino acid chelate)	20 mcg	27%
Boron (as boron citrate)	1 mg	**
Vanadium (as bis (glycinato) oxovanadium)	10 mcg	**
Transfer Factor Plus		
Transfer Factor XF	150 mg	**
A proprietary concentrated extract of bovine colostrum containing transfer factors and other natural components		
Proprietary Blend	290 mg	**
ThymuPro™ - Thymus complex		
Thymus Protein and other proteinaceous compounds		
Cordyanti™ - Polysaccharide Complex		
IP-6 (inositol hexaphosphate)		
Cordyceps sinensis (whole herb)/contains 7% cordycepic acids		
Beta Glucan (from baker's yeast) (Saccharomyces cerevisiae)		
Beta Glucan (from oat)(Avena sativa)		
Mannans (from aloe vera)/leaf		
Maitake Mushroom extract (Grifola frondosa)/whole plant		
Shiitake Mushroom (Lentinus edodes) (whole plant)(S: extract)		
Essential Fatty Acids (EFAs)		
Alpha Linolenic Acid (ALA) (Lihum usitatissimum)(seed)	138 mg	**
Gamma Linolenic Acid (GLA)(from borage seed oil) (Borago officinalis)(seed)	35 mg	**
Eicosapentaenoic Acid (EPA)(from fish oil)	33 mg	**
Docosahexaenoic Acid (DHA)(from fish oil)	22 mg	**
Conjugated Linoleic Acid (CLA)(from sunflower seed oil) (Helianthus annuus)(seed)	122 mg	**
Proprietary OPC Blend (Oligomeric Proanthocyanidins) (Vitis vinifera)(seed)	50 mg	**
Grape Seed Extract (with Oligomeric Proanthocyanidins) (Pinus maritima)(bark)		
Proprietary Antioxidant Blend	55 mg	**
Lutein and Zeaxanthin (Tagetes erecta)(pedals)		
Bilberry (25%: anthocyanidins)(Vaccinium myrtillus)(fruit)		
Coenzyme Q10 (ubiquinone)		
Alpha Lipoic Acid		
Catachins (Camellia sinensis)(leaf)		
Rutin		
Women's Health Blend	180 mg	**
Soy Isoflavones (including concentrations of genistein and genistin) (from soy extract)(Glycine max.)(seeds)		
Quercetin		
Sulforaphane (from Broccoli)(Brassica oleracea)(sprout)		
Curcumin (from Turmeric)(curcuma longa)(root)		
Dilidolyl Methane (DIM)		
Ipriflavone		
Proprietary Blend (Other anti-aging nutrient support)	61 mg	**
Glucosamine Hydrochloride		
Calcium D-Glucarate		
N-Acetyl Cysteine		
Ginkgo Biloba (leaf)(27% ginkgo flavon glycosides, 7% terpene lactones)		
Hyaluronic Acid		
Tocotrienols		

\*Reference Daily Intakes (RDI)

\*\*Daily Value (DV) not established

\*OTHER INGREDIENTS-Chlorophyllin, Silicon Dioxide, Croscarmellose, Magnesium Stearate, Gelatin, Glycerin, Purified Water and Clove(Caryophyllata)(aerial parts)

**Ordering Information**

Item # 27001

60 packets / 30-day supply